



# Your Youth Leadership Team

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Name: \_\_\_\_\_ Today's date is: \_\_\_\_\_

## My favorites are

Games	
TV Show, Video, Movie	
Drink or Beverages	
Foods	
Jobs at home	
Jobs at work	
Sports	
Activities	
Music	
Hobby	
Memory	

## I would like to spend most of my time (doing):

What	Where	and with Whom

# Your Youth Leadership Team

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Name: \_\_\_\_\_ Today's date is: \_\_\_\_\_

I want to know more about:				
	Community Jobs – (like what?)		Concerts	Cooking
			Make-up	Helping my Family
			Shopping	Vacations
			Volunteering	Activities in the community
			School Plays	Regional activities
			School Concerts	Sports
	Volunteer Opportunities– (like what?)		Soft ball, Volley ball Leagues	School Sports
			Photography	
			Painting, Drawing, the Arts	
			Hobbies	
			Computer games	
			Crafts	Add some more ideas here
			Video games	
	Events in the community		Board games	
	Regional events– (like what?)		Internet	
			Playing cards	
			Dancing	

*Things To keep in mind while planning.....*

**Triggers:**

**When do they happen?**

**What do they look like?**

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Name: \_\_\_\_\_ Today's date is: \_\_\_\_\_

In the next 3 months I would like to try: *(make a list)*

The things you need to do to support in doing these things are: *(what plans can we make to help overcome barriers or problems?)*

*Do you need ideas about where to look? Here are some places to check out to help me find community connections for home, work and play.*

**First think about when you want to do something, how do you go about it? Help me do the same.**

Look in the local newspaper or weekly shopping news.  
Contact the local chamber of commerce  
Contact the local tourism office  
Look in the yellow pages  
Ask around... family, friends, and co-workers... yours and mine  
Listen to the radio  
Contact the local community education office  
Search the Internet  
Contact the local library  
Check out the local park and recreation office  
Some communities have a "local scene" magazine that comes out monthly or quarterly  
Check out local volunteer agencies  
Check out any historical societies  
What about local bowling leagues, golf or softball, etc  
Local area schools – elementary, secondary, and post-secondary  
Senior center calendar

**Make a list and let's talk about what there is to do.**

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**Name:** \_\_\_\_\_ **Today's date is:** \_\_\_\_\_

*Hopefully the following categories will help us generate ideas about where to look for more information that can help us look for community connections at home, work and play.*

## Arts and Entertainment

- Music
- Theater - Interact
- Artist Centers
- Community band
- Community symphonies

## Charitable Organizations

- Volunteer Groups
- Red Cross
- Cancer or Heart Society
- United Way
- Heart Associations

## Civic Events

- Parades
- Celebrations
- Art Fairs
- County or State Fairs
- Flea Markets
- Collector Groups
- \*Rocks, Stamps, Dolls, etc.

## Ethnic Groups

- Sons of Italy
- Sons of Norway
- Black Heritage Clubs

## Health and Fitness

- YMCA
- Park and Recreation Centers
- Hiking Trails
- Private/Public Health Clubs
- Hospital Wellness Groups

## Neighborhood Groups

- Group events, like neighborhood garage sales or picnics
- Beautification groups
- Crime Watch groups
- Senior Center

## Outdoor Groups

- Garden Clubs – Rose Societies

## Organizations

- Chamber of Commerce
- Youth Leadership Advisory Team (YLAT)
- Community Groups
- Self-advocates Becoming Empowered
- People First
- Adoptive and Foster Families of Maine

## Political Groups

- Election volunteers
- Town Hall meetings
- Political Party Activities

## Religious Groups

- Church
- Temple
- Mosques
- Youth Groups

## Self-help Groups

- United Cerebral Palsy
- The Arc
- Epilepsy Support Group
- Traumatic Brain Injury Support Group
- Weight Loss Groups

## Service Clubs

- Lions, Lioness
- Jaycees
- Kiwanis
- Sertoma

## Sport Clubs

- Bicycling
- Walking
- Swimming
- Fishing
- High School, College Booster Clubs

## Youth Groups

- 4-H
- Scouting
- Boys and Girl Clubs

## Other Ideas



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**Purpose:** This tool will help family, friends, and people in my life find out about what I like and want to do. It is a starting point and will help all of us generate ideas to help me achieve my goals. Keep this and other information attached.

## A "I" for my Team.

What Do I need? If I have it can you Please keep it with this?

Name	Will be done-on?	Importance.....
Birth Certifacate		
Phone Numbers		
Resume/Cover Letter		
Understand W4		
Bank account (Checks)		
Planner		
Community Resources I may need...		
How to fill out a Job Application		
How to plan my day		
Drivers Ed		
Id (State or Drivers)		
What type of car can I afford ?		
Do I know how to budget ?		
Have a realistic idea of how much it costs to live		
Know my References ?		
Highschool Transcript		
Selective Service		
Cell Phone		
Library Card		
Social Security card		

ADL (Shower, Clothes, Cooking)- What can I do ?

Blank space for notes or additional information.